



Cringleford Crackerjacks

3.5 Allergies and food intolerances

Before a child starts at Cringleford Crackerjacks, parents/carers are asked if their child has any known allergies or food intolerances. This information is recorded on the registration form on the Family app. Ongoing discussions take place with parents/carers and where appropriate health professionals to develop allergy action plans for managing any known allergies and food intolerances. This information is kept up to date and shared with all staff.

- All staff at Cringleford Crackerjacks are aware of the symptoms and treatments for allergies and anaphylaxis and the difference between allergies and food intolerances
- If a child has an allergy or food intolerance, a risk assessment is completed with the following information:
 - the risk identified – the allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.)
 - the level of risk, taking into consideration the likelihood of the child coming into contact with the allergen
 - control measures, such as prevention from contact with the allergen
 - review measures
- A Health care plan form must be completed with:
 - the nature of the reaction e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
 - managing allergic reactions, medication used and method (e.g. EpiPen)
- The child's name is added to the Dietary Requirements list.
- A copy of the risk assessment and health care plan is kept in the child's personal file and is shared with all staff. It is also available to view in the kitchen where food is being prepared
- Parents/carers show staff how to administer medication in the event of an allergic reaction.
- No nuts or nut products are used within the setting.
- Parents/carers are made aware, so that no nut or nut products are accidentally brought in.



This policy was adopted at a meeting:	
Held on	Date
Date to be reviewed	Date
Signed on behalf of the Committee	
Name of signatory	
Role of signatory (e.g. Chair)	